

# Caste wise Gastronomy Practices and Ingestion Manners of Andhradesa

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## **A B S T R A C T**

India is land of exotic and amorous puzzle to outside the world. It is the symbol of unity in diversity which consist multi- cultural, multi- regional, multi-lingual and multi- religions. From many countries of the world the travellers visited for varied reasons to India in general and Andhradesa in particular to know the traditions and customs. They stayed, they saw and they recorded the typical conditions of Andhradesa had been elucidated by travellers in their travelogues. The records of travellers are very useful to have a thorough understanding of the social history especially the indigenous habits, customs, cultures, division of the society, the life styles of the natives, their food habits and intoxicants. Food is the essential substance to all living things and also part of culture. For that reason while writing the travel accounts the travellers recorded the cuisines, food manners and victuals which are available in this geographical region. The present paper has been made an endeavour and focus the light on travel accounts which referred the culinary practices, common eating habits, eating manner of Kings and Princes, Brahmins mode of eating, food restriction of Vaishyas, eating system of other castes, food habits of Dalits, items of vegetarians and non-vegetarians, food for charity, chewing of betel with areca nut, curries of Moors and Hindus, food restrictions, intoxicant beverages, the regional variations in the consumption of food stuffs.

**Key words:** Gastronomy, Ingestion, Amorous, Victuals, Intoxicants