

# Study of pulse of the Heart during Weaning Ventilation with Mechanical Ventilation

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## PREFACE

Heart Meter, the normal circumstance of heart beats in regular intervals, is initiated by natural electrical system composed of modified myocytes. These modified myocytes include the SA knot, atrioventricular (AV) knot, the pack of His and Purkinjean filaments.

The SA knot is innervated by both sympathetic and parasympathetic whim-whams filaments. At rest, parasympathetic filaments dominate and release acetylcholine that slows rate of depolarization of the SA knot and maintains heart rate between 60 and 80 beats/ min. During exercise, relative pullout of vagal tone and activation of sympathetic jitters do. The sympathetic whim-whams filaments release norepinephrine that increases the SA knot rate of depolarization performing in increased in heart rate. In addition to the sympathetic and parasympathetic nervous system, the natural rate of SA depolarization is modulated by baroreceptor exertion, the natural cardiac nervous system, cardiopulmonary revulsions, and respiration.

The miracle in which respiration modulates the SA knot depolarization rate and cyclical variation stroke volume and accordingly cardiac affair is appertained to as respiratory sinus arrhythmia (RSA). The negative ITP and positive intra-abdominal pressure that do during robotic alleviation enhance caravan stuffing and stroke volume. At the same time, lung expansion that occurs during alleviation causes pooling of blood in the pulmonary rotation and decreases the return of blood to the left ventricle. Accordingly, LV stroke volume decreases transiently, vagal efferent stimulants are inhibited and heart rate increases. The rear occurs during expiration, whereas efferent vagal is stimulated and heart rate diminishments. Overall, pullout of vagal tone occurs during inspiration and results in the physiologic miracle called respiratory sinus arrhythmia, an observable incarnation of HRV that reflects the capability of the body to make beat- by- beat adaptations in cardiac affair.

Electrophysiology of cardiac excitation. Cardiac towel is hyperexcitable and able of responding to stimulation with a large, rapid-fire shift in membrane voltage. Cyclical depolarization and

repolarization of the cell in which changes of the membrane voltage do is called an action eventuality. The action implicit lasts only for a many hundred milliseconds and triggers a sequence of organized myocardial compression.

## **CARDIAC DYSRHYTHMIAS**

Cardiac dysrhythmias, any abnormality in normal cardiac metrical pattern, are common and important clinical problems in cases entering MV or witnessing the process of weaning from MV. Cardiac dysrhythmias affect primarily from either abnormality of impulse conformation, impulse conduction, or both. Abnormal automaticity, touched off exertion and reentry mechanisms are responsible for the most clinically important and potentially nasty dysrhythmias similar as ventricular ectopic beats, ventricular tachycardia/ fibrillation, atrial fibrillation/ flutter, and supraventricular tachycardia. In addition, abnormalities of mechanical lading (i.e., increased intrathoracic vascular volume) can induce dysrhythmias through a mechano- electrical feedback medium.

## **HEART RATE VARIABILITY**

The autonomic nervous system (ANS) is an important element of the physiology of heart meter. A link between ANS revision, specifically increased sympathetic exertion and dropped parasympathetic exertion (as reflected by dropped HRV), and the circumstance of dysrhythmias was demonstrated in multitudinous experimental and clinical studies. Heart rate variability is the analysis of beat- to- beat variation in heart rate. Variability of heart rate results, in large part, from ongoing changes in sympathetic and parasympathetic inputs to the SA knot.

An increase in parasympathetic tone is considered a defensive medium for the heart. Increases in sympathetic tone are explosively associated with the birth of ventricular dysrhythmias caused by the three electrophysiologic mechanisms reentry, touched off exertion, and automaticity. Most studies that describe a relationship between reduced HRV and circumstance of cardiac dysrhythmias were limited to cases with cardiovascular conditions especially heart failure, acute myocardial ischemia and myocardial infarction. Studies have shown that imbalances toward adrenergic ascendance are associated with vulnerability to dysrhythmia.

Multitudinous investigators reported significant differences in ANS balance, with a shift toward increased sympathetic exertion or dropped parasympathetic exertion or both, and inauguration of

ventricular arrhythmias. Huikuri et al. reported a significant drop in HF power one hour antedating the onset of the ventricular tachycardia in cases with ischemic heart complaint. Fei et al. reported a significant increase in the LF/ HF rate incontinently before the onset of ventricular tachycardia occurrences. The investigators attributed the increase in the LF/ HF to the drop in parasympathetic exertion rather than enhanced sympathetic exertion in cases with heart conditions. In discrepancy, Hayashi et al. reported that the increase in the LF/ HF before the onset of ventricular tachycardia was attributed to the sympathetic dominance in cases without structural heart conditions. Several studies have shown a shift toward an increase in sympathetic tone or a loss of vagal tone before circumstance of ferocious atrial fibrillation, and atrial flutter in cases with beginning heart conditions.

### **HEART RATE VARIABILITY DIMENSION.**

The analysis of HRV is generally performed using marketable software. After applicable evidence of heart beats attained with Holter recordings and filtering vestiges, a series of RR intervals (RR tachogram) is used to quantify HRV.<sup>105</sup> The RR interval (occasionally called normal- to-normal (NN) interval) is the time interval between the R swells of two successive normal beats. Traditionally, two major approaches are frequently used to measure HRV, time sphere and frequency sphere analyses. Several investigators used these two styles as reciprocal to each other.

### **TIME SPHERE ANALYSIS.**

According to the recommendations of a Task Force Committee.<sup>106</sup> Generally used time sphere measures include standard divagation of normal RR interval (SDNN), the standard divagation of the normal of NN intervals in all 5 min parts of the entire recording (SDANN), the square root of the mean of the sum of the places of differences between conterminous NN intervals (MSSD), and the chance of consecutive normal RR intervals that change by further than 50 ms compared to the total number of RR intervals (pNN50).

### **HEART RATE VARIABILITY (HRV)**

Heart rate variability refers to beat- to- beat oscillations in heart rate and is a noninvasive index of autonomic tone. Heart rate variability is a predictor of threat of unforeseen cardiac death in cases with diabetes and myocardial infarction. For this study, frequency sphere measures were used to reflect HRV. frequency sphere analysis or power spectral analysis decomposes a signal into a sum of sine

swells of different confines and frequentness, and also presents the squared confines of the sine swells as a function of frequency. The following spectral factors were measured in this study high frequency (0.15 to 0.40 Hz) which represents an indicator of parasympathetic exertion; low frequency (0.04 to 0.15 Hz) which represents parasympathetic and sympathetic inputs, and veritably low frequency element (<0.04 Hz), which represents sympathetic exertion.

### CHANGES IN RESPIRATORY MECHANICS

In this study, 27 cases out of 30 were exposed to a combination of PS (8- 15 cm H<sub>2</sub>O) and CPAP 5 cm H<sub>2</sub>O (PS CPAP) during weaning trial. Three cases tone- extubated and entered supplemental oxygen through either a partial rebreathing or non-rebreathing mask. Respiratory mechanics were measured at birth during MV and during weaning trial. Respiratory rate (total and robotic), peak and mean airway pressures were significantly different from birth values (Table). There were no differences in RSBI for cases who failed weaning (57.05 ±36.25), and cases who had successful weaning trial (24.00 ±7.94);  $t(21) = 1.54, p = .14$ .

Table: Comparison of respiratory characteristics at birth during MV and during the original weaning trial

Variable	n	Baseline MV Mean± SD	Weaning (PS+CPAP) Mean± SD	P
Vt, ml/min	25	526 ± 192.47	476.32 ± 151.26	.26
FiO <sub>2</sub> , proportion of 1.0	29	0.47 ± 15.38	0.42 ± 12.22	.14
Total RR, breaths/min	30	17.57 ± 4.85	21.73 ± 7.52	.01
Spontaneous RR, breaths/min	30	3.63 ± 5.68	21.73 ± 7.52	< 0.001
PEEP, cm H <sub>2</sub> O	27	6.74 ± 4.71	5.00 ± 0.00	.06
Airway pressure Peak	24	29.38 ± 8.88	18.13 ± 6.40	< 0.001
Mean	24	14.60 ± 9.17	9.34 ± 3.20	.007

Vt = Tidal volume; FiO<sub>2</sub>= Fraction of inspired oxygen; RR= respiratory rate; PEEP= Positive end-expiratory pressure

**CHANGES IN CARDIAC RHYTHM**

Cardiac meter data were collected at birth for 24- hours. During the original weaning trial, cardiac meter data were continuously recorded 1- hour ahead and during weaning trial up to 24 hours. For the purpose of this study, data of cardiac meter was reported for the first 2 hours after inauguration of the first weaning trial. All subjects (n = 35) had complete electrocardiographic data at birth. Two data records attained during weaning couldn't be anatomized because of high T surge breadth. Electrocardiographic data during weaning were collected from 25 cases only because 3 cases failed, 2 cases had tracheostomy before weaning and 3 cases tone extubated. In addition, weaning trials for another 2 cases were missed by the investigator.

Table Comparison of cardiac meter at birth during MV and during the original weaning trial (n=25)

Cardiac Rhythm	Baseline Mean ± SD	Weaning Mean ± SD	p
Mean supraventricular beats/hour	40 ± 82.16	366± 1726.32	< 0.001
Mean ventricular beats/hour	15 ± 37.4	14 ± 27.24	.68

Figure -1: Comparison of mean supraventricular ectopic at baseline and during weaning per individual patients (n=25)

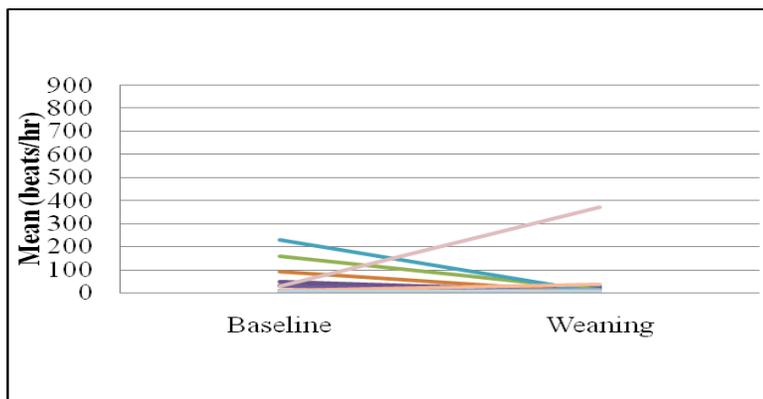
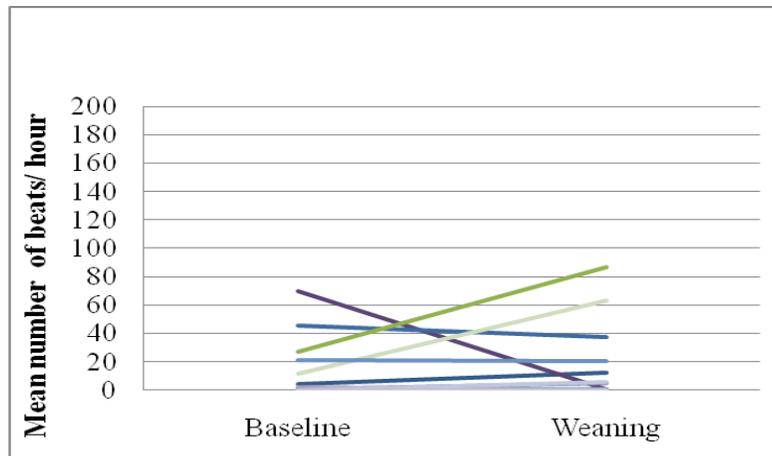


Figure - 2: Comparison of mean ventricular ectopic at baseline and during weaning per individual patients (n=25)



One case had a single occasion of ventricular tachycardia during weaning; none had ventricular or atrial fibrillation. All cases endured either ventricular or supraventricular ectopic beats or both. The mean supraventricular ectopic beats per hour during weaning was significantly advanced than the mean at birth; the mean of ventricular ectopic beats per hour didn't change (Table).

## DISCUSSION OF FINDINGS

These data supported the suppositions that 1) HRV measured in the frequency sphere during weaning was related to the circumstance of cardiac dysrhythmias; and 2) rate of supraventricular ectopic beats per hour during weaning was an independent predictor of length of MV.

Our study results showed that exposing cases (n = 22) to a combination of PS10 cm H<sub>2</sub>O and CPAP 5 cm H<sub>2</sub>O during weaning generated a significant increase in LF power with no change in VLF or HF power compared to birth. Our study findings were in partial disagreement with Frazier et al. Frazier et al. 33 reported a significant increase in VLF power and a significant drop in HF power with exposure to a combination of PS 10 cm H<sub>2</sub>O and CPAP 10 cm H<sub>2</sub>O in a group of six anesthetized dogs with normal ventricular function studied in a laboratory setting. The disagreement can be attributed to the underpinning cardiac function of subjects enrolled in each study and the degree of positive ITP achieved during weaning. The use of PS CPAP during weaning produces positive ITP. Positive ITP decreases the pressure gradient between the vena cava and right atrium, which in turn decreases venous return and cardiac preload. The advanced position of positive ITP pressure achieved during weaning is accompanied by further reduction in cardiac preload in subjects with normal cardiac function as set up by Frazier et al. 33 As a result, the ANS compensated by adding sympathetic tone (reflected by VLF power) and dwindling parasympathetic tone (reflected by HF power) 33 in order to

maintain acceptable cardiac output and oxygen delivery. The ANS adaptive response can be significantly altered in presence of disabled cardiac function as demonstrated by our findings. In our study, 49 of cases were known to have bloodied cardiac conditions. The acute fluid shift during weaning can be challenging for these cases, which explains dominance of sympathetic tone exertion in our study demonstrated by increased LF power.

Although the implicit anxiety and stress that cases witness during weaning from MV wasn't measured in this study or any former published studies, stress and anxiety are known to further compound activation of sympathetic tone. The effect of emotional stress was removed in Frazier et al. 33 study as their study was conducted in a controlled laboratory setting and the subjects were anaesthetized.

In the current study, cases were separated into two groups grounded on original weaning trial outcome. Cases who endured a successful weaning trial ( $n = 5$ ) displayed no change in VLF, LF, and HF power, while cases who failed the weaning trial ( $n = 17$ ) displayed increases in LF power and decreases in HF power compared to birth. Changes in HRV displayed by the two groups were in partial agreement with Shen et al. 34 findings. Shen et al. 34 anatomized HRV for 24 cases during weaning from MV during the transition from pressure support ventilation (PSV) to SBT (using a T-piece trial), and set up a significant drop in LF and HF in cases who failed a weaning trial ( $n = 12$ ), but not in the success group. Although Shen and associates' study and our study were conducted in ICU settings, differences in HRV findings in cases who failed a weaning trial can be attributed substantially to differences in design of the studies and methodologic factors. Shen and associates started HRV dimension 10- minutes after transition from (PSV) to SBT (T-piece trial), barred cases who had frequent cardiac arrhythmias (defined as  $> 10$  of non-sinus beats), and barred the 5- minute member in which further than 90 of the R-R intervals weren't normal-to-normal (N-N) intervals from analysis. In our study, HRV dimension started upon exposure to PS CPAP trial, only cases with atrial fibrillation/ flutter at birth were barred, and the entire 5- minute member in which further than 80 of the R-R intervals weren't normal-to-normal (N-N) intervals were barred from analysis. In addition, cases enrolled in Shen and associates' study were aged than cases in our study ( $69.8 \pm 17.8$ ) vs. ( $53.3 \pm 14.6$ ). Aged age can explain the drop in ANS adaptive response and the drop in HRV measures in Shen and associates' study. 143 specifics and underpinning complaint can have an impact on HRV analysis. still, these two factors weren't estimated in either study.

Changes in HRV that passed during weaning may have told the circumstance of cardiac dysrhythmias, especially in cases with underpinning cardiac dysfunction. multitudinous studies have reported a significant relationship between reduced HRV and the birth of nasty ventricular dysrhythmias, primarily ventricular fibrillation and ventricular tachyarrhythmias, especially in cases with heart failure, myocardial ischemia, and myocardial infarction.

Several studies have shown imbalances that included increased sympathetic exertion or dropped parasympathetic exertion or both before circumstance of ferocious atrial fibrillation 36, 102 and atrial flutter 104 in cases with beginning heart conditions. Huikuri et al. Reported a significant drop in HF power one hour before circumstance of ventricular tachycardia in cases with ischemic heart complaint. Fei et al. 38 reported significant changes in HRV incontinently prior to the circumstance of tachyarrhythmias in cases with congestive heart failure. Fei et al. Reported a significant increase in the LF/ HF rate incontinently before circumstance of idiopathic VT occurrences. Also, Hayashi et al. 40 reported an increase in the LF/ HF before the onset of ventricular tachycardia. Our findings were in agreement with former published literature. In our study, 49 of cases were known to have cardiac conditions. Increased sympathetic exertion (reflected by increased LF power) was set up to be arrhythmogenic. The LF power significantly prognosticated the circumstance of both ventricular and supraventricular ectopic beats during weaning. Although HF and VLF power didn't change during weaning compared to birth, multiple retrogression analyses showed that HF power measured during weaning was a significant predictor of circumstance of ventricular and supraventricular ectopic beats during weaning; and VLF power measured during weaning was set up to be a significant predictor of the circumstance of ventricular ectopic beats but not of circumstance of supraventricular beats during weaning.

All cases in this study demonstrated either ventricular or supraventricular ectopic beats or both during weaning. The mean supraventricular ectopic beats per hour during weaning were double the mean at birth, while the mean of ventricular ectopic beats per hour didn't change. Frazier et al. Reported that the number of supraventricular ectopic beats per hour during weaning was nearly double the number at birth, and the number of ventricular ectopic beats per hour dropped by nearly two thirds during weaning in 39 cases exposed to CPAP during weaning attempts. therefore, our results imaged the change in SVEs, but not VEs. This can be attributed to the degree of positive ITP achieved during weaning and data measures points of time. In our study, we measured cardiac meter for 24- hours at

birth and for the first 2- hour after exposing the cases to a combination of PS (8- 15 cm H<sub>2</sub>O) and CPAP 5 cm H<sub>2</sub>O during weaning trial. Frazier and associates measured cardiac meter for 24- hours at birth; 1- hour ahead, during, and over to 24 hours after exposing cases to a combination of PS10 cm H<sub>2</sub>O and CPAP 10 cm H<sub>2</sub>O. The advanced the positive ITP applied during weaning, the lesser is the impact on acute fluid shift into the intrathoracic vascular element, ANS exertion and in turn the lesser is the negative goods on myocardial action eventuality. The beginning complaint process of enrolled cases may have an impact on circumstance of ventricular and supraventricular ectopic beats. In our study, the miscellaneous patient population was signed from MICU, CCU, TICU, CTICU and NICU, while Frazier and associates enrolled a homogeneous patient population from MICU only. Eventually, cases enrolled in both studies were critically ill. These cases were subordinated to a wide variety of procedures at birth and during weaning that have varied impact on the circumstance of cardiac dysrhythmias.

In this study, we hypothecated that cardiac dysrhythmias would contribute to difficulty with weaning from MV and therefore increase the length of time needed for MV. Multiple direct retrogression analyses revealed that the circumstance of supraventricular, but not ventricular ectopic beats during weaning was a significant predictor of length of MV. This study was the first to estimate the impact of circumstance of cardiac dysrhythmias during weaning on length of MV. These results advance our understanding of the negative impact of cardiac dysrhythmias on cardiac contractility and myocardial oxygen demand, and in turn weaning outgrowth. thus, cardiac meter should be totally estimated during MV and weaning in order to drop length of MV.

## **SUMMARY AND CONCLUSION**

In summary, this study was the first to probe the relationship of the circumstance of cardiac dysrhythmias during weaning to the length of MV. We demonstrated that changes in HRV measured during weaning significantly prognosticated the circumstance of cardiac dysrhythmias during weaning and the circumstance of supraventricular ectopic beats during weaning was a significant predictor of the length of MV. Beforehand discovery of ANS differences and effective operation of cardiac dysrhythmias during weaning is of consummate significance because these differences can contribute to longer MV time

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